

Types of Anesthesia

Quick Comparison Table



Category	Local Anesthesia	Regional Anesthesia	Sedation	General Anesthesia
 Awake During Procedure	Yes	Yes	Possibly drowsy	No
 Breathing Support	No	No	As Needed	Yes
 Recovery time	Immediate	1-4 hours	30-60 minutes	1-2 hours
 Same-Day Driving	Possibly, but not always	No	No	No
 When It's Used	Procedures performed on small areas of the body	Procedures performed on arms/hands, legs/feet, and childbirth	Minor procedures	Major surgery